

You've Never Been On A Beer Run Quite Like This

Be the first to the beer garden in the Fremont Oktoberfest Brew HA-HA 5K

Seattle, WA – August 19, 2009 – Run for the glory and stay for the beer in the 7th annual Brew HA-HA 5K run and walk presented by Anytime Fitness, Sunday, September 20th at 10:00 a.m. The official 5K takes runners from the Solstice Plaza (near N. 34th Street and Fremont Ave North) along the scenic Burke Gilman Trail and Ship Canal ending at the Fremont Oktoberfest village.

The race is created for people of all athletic abilities; from solo sprinters to playful walkers. The first run of the fall season put's an emphasis on fun by encouraging runners to dress up in zany costumes, bring the pooch along for a Sunday morning stroll and enter into special running divisions that put an Oktoberfest twist on the traditional 5K run!

Beer Belly Division:

A Beer Belly shouldn't stop you from running! Join the elite Beer Belly Division where you will be treated like Oktoberfest royalty. Entrants that jump on the scale and qualify for the prestigious position - men who are +200lbs. and women who are +160lbs - form this coveted crew. Besides earning the respect and admiration of fellow racers who recognize your achievements, division members will be honored with the unfair advantage of starting first, and thus ensuring the possibility of getting to the beer finish line before the rest of the pack!

Team Division:

Running and drinking are more fun with friends! Take your drinking buddies out to the streets in the four-person team division. The winning team will be determined by averaging all of the racers times.

Registration available at www.fremontoktoberfest.com:

- \$20 Pre-Registration – Includes a Fremont Oktoberfest Brew HA-HA T-shirt
- \$30 Day-of Registration – T-shirts are not guaranteed with day-of registration, please register early!
- \$20 Oktoberfest Microbrew Garden Entry (opens at 11am) – Runners receive two extra tastes when you buy a microbrew ticket with your race registration! Day of Microbrew Garden Entry is \$25.

About the Fremont Oktoberfest

Fremont Oktoberfest is the oldest, biggest and most diverse beer tasting experience in the Northwest. It has received worldwide notice, and has been tapped by Beerfestivals.org, USA Today and Orbitz.com as one of the top places to toast the Oktoberfest celebration. The three-day festival features over 70 microbrews in three beer gardens along with jam packed entertainment on two stages.

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